

Country Wheat - Burnsville

Nutrition Facts	
Serving Size 1 slice (50g)	
Servings Per Container About 22	
Amount Per Serving	
Calories 100	Calories from Fat 5
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	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 23g	8%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 4g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Freshly Milled Whole Grain Wheat Flour, Water, Molasses, Yeast and Salt.

Produced in a facility that uses: Wheat, Eggs, Peanuts, Tree Nuts, Milk and Soy.